



USFWS Midwest Region

Obedient Plant / False Dragonhead

Physostegia virginiana

Growing Information

- Sunlight: Full sun to part shade
- Soils: Moist, well-drained soils
- Bloom Time: Late summer – August, September; white to pink
- Size: 2-5ft in height

Unlike its name implies, this plant root system spreads underground, making it a wonderful species if you need a plant to fill in large spots around your yard. While they prefer moist soil, Obedient plants are easily established and very drought tolerant, forgiving plants and in dry conditions, spreading is less of a problem.

Like all members of the mint family, it produces lots of nectar and provides a much-needed boost of energy for pollinators facing the coming winter.

Garden Companions

Coastal Plain Joe Pye Weed (*Eutrochium dubium*); Boneset (*Eupatorium perfoliatum*); Dense Blazing Star (*Liatris spicata*); Wild Bergamot (*Monarda fistulosa*)

Nature Benefits

- Fantastic nectar source for diverse number of pollinators

Native Habitat

Occurs naturally in fields, roadsides, shores of rivers and lakes.