



Photo credit: Indigenous Landscapes

Foxglove Beardtongue / Smooth Penstemon

Penstemon digitalis

Growing Information

- Sunlight: Full sun, partial shade
- Soils: Average to moist, well-drained sandy soils
- Bloom Time: Early summer – June, July with white to pink flowers
- Size: 3-4ft in height

Drought tolerant. Penstemons are called 'Beard Tongues' because the sterile stamen has a tuft of small hairs.

Garden Companions

Golden Alexanders (*Zizia aurea*), Spiderwort (*Tradescantia ohiensis*), Blue-eyed Grass (*Sisyrinchium angustifolium*)

Nature Benefits

- The tubular flowers attract long-tongued bees such as bumblebees and mason bees, as well as hummingbirds.
- Host plant to the Chalcidon Checkerspot and Edith's Checkerspots

Native Habitat

Occurs naturally in fields, wood margins, open woods, and along railroad tracks.