



Foam Flower

Tiarella cordifolia

Growing Information

- Plant Type: Perennial
- Sunlight: Shade, part shade
- Soils: Average, well-drained
- Bloom Time: White in May, June
- Size: 3-12 inches in height; 12-24 inch spread

Foam Flower makes an excellent ground cover, border, or filler for shady, woodland sites. It spreads by underground stems to form colonies and is a good alternative to mulch or lily-of-the-valley. After the spring blooming flower spikes have passed the leaves provide texture and color year-round.

Garden Companions

Dutchman's Breeches (*Dicentra culcullaria*), Lady Fern (*Athyrium filix-femina*), White Trillium (*Trillium grandiflorum*)

Nature Benefits

- Attracts pollinators.

Natural Habitat

Occurs in forests, swamps, wetland margins.