



Meehan's Mint

Meehania cordata

Growing Information

- Plant Type: Perennial
- Sunlight: Part shade, shade, sun
- Soils: Average, moist
- Bloom Time: Lavender blue in May, June
- Size: 4-8 inches in height; 4-32 inch spread

This rare well-behaved mint, with its trailing stems, will root as it spreads although less readily in dry shade than in moist shaded areas. Plant Meehan's Mint as a groundcover, as living mulch under shrubs, or border edging in woodland or shade gardens. It prefers shade but tolerates dry sites in deep shade or full sun with sufficient moisture. This mint is not found in New England in the wild but is native to Pennsylvania and other states further to the south.

Garden Companions

Wild Columbine (*Aquilegia canadensis*), Plaintain Sedge (*Carex plantaginea*), Green and Gold (*Chrysogonum virginianum*),

Nature Benefits

- Nectar source for hummingbirds and insects

Natural Habitat

Occurs in rich woods and wooded slopes.