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Rabbit Tobacco

Pseudognaphalium obtusifolium

Growing Information

- Plant Type: Annual
- Sunlight: Sun, part shade
- Soils: Medium to dry
- Bloom Time: White flowers in August, September, October too?
- Size: 1-3ft in height

Also called sweet everlasting the leaves give off a maple syrup fragrance. Appropriate for butterfly and pollinator gardens. Widespread in the eastern half of the US it has cobwebby or wooly stems and small heads. Used medicinally for many ailments by native tribes.

Garden Companions

Butterfly Weed (*Asclepias tuberosa*), Spotted Bee Balm (*Monarda punctata*), Black-eyed Susan (*Rudbeckia hirta*), Culver's Root (*Veronicastrum virginicum*), Golden Alexander (*Zizia aurea*)

Nature Benefits

- Larval host for the American Lady butterfly
- Flower nectar attracts bees, butterflies, wasps, and flies

Natural Habitat

Occurs in dry clearings, fields, and wood edges.