



Path Rush

Juncus tenuis

Growing Information

- Plant Type: Perennial
- Sunlight: Part shade, Sun
- Soils: Average, moist, dry
- Bloom Time: July-Aug
- Size: 4-18 inches in height

Path rush is a hardy native rush that grows anywhere. It forms dense tufts with stiff green stems. The tiny flower, termed an inflorescence, blooms mid to late summer. The name path rush refers to its hardiness to foot traffic along pathways and thus can make a good rough lawn. Incredibly tolerant to compacted soil and will grow where other things cannot, but it also can help uncompact soil to be more favorable to other plants. It's good in rain gardens and other areas to cover the ground as that first layer. It's dog tough and deer resistant.

Garden Companions

In a rain garden: Blue Flag Iris (*Iris versicolor*), Red Cardinal Flower (*Lobelia cardinalis*), Rose Milkweed (*Asclepias incarnata*)

Nature Benefits

- Supports birds with seeds and nesting material

Natural Habitat

Occurs in open woodlands, freshwater wetlands, thickets, meadows, compacted foot paths, parking lots, fields, pastures, barren waste areas and roadsides.